November 30, 2016. Today a very mesmerizing, encouraging informative and educative talk was delivered by The Secretary, Department of Health Research and DG ICMR -DR. SOUMYA SWAMINATHAN for students of Science in the Hall of Grace, Mothers International School, Aurobindo Marg. She informed the students about her journey in research which began as early at class 11 student with summer holiday spending in Dr Archna laboratory in Kolkata learning technologies in genetics. She offered school children to spend their holidays in ICMR laboratories to get experience of newer technologies. She encouraged students to take up research and to identify solutions for current days needs of the country. She narrated the story of Tuberculosis, discovery of bacteria to the management by natural care till anti- tubercular drugs were developed in 1950s. She narrated how it affects body when immune system is compromised. Medicine is not the only solution, it requires wholesome management since it has Nutritional, economical, social, environmental and lifestyle components. Europe could bring down the TB occurrence by managing all such aspects. She asked children about their knowledge of epidemic of lifestyle diseases like obesity, Diabetes, high blood pressure and metabolic syndrome. Role of genes, lifestyle and environment was described to children and they were encourage to be instrument of change to combat these modern day illnesses. Dr Swaminathan congratulated school children to keep up interests in science and research. This talk was considered very informative and hugely appreciated by school children and faculties of schoo