

- ❖ Name & Designation : Dr. Abhishek Lanka, Ph.D. Student
- ❖ Address : Deptt. of Clinical Neurosciences (ICMR PhD-Program), NIMHANS, Bangalore-560029.
- ❖ Name of the International Conference/ Seminar/Symposium/Workshop : 18<sup>th</sup> International Congress of Parkinsonism & movement disorder.
- ❖ Title of the abstract accepted : A profile of 191 patients with essential tremor: Comparison of those with and without head tremor.
- ❖ Date & Venue : 8-12<sup>th</sup> June 2014, Stockholm, Swedon.
- ❖ Money sanctioned : Rs 1,00,000/-
- ❖ Money reimbursed : Rs 95,539/-

### Participation Report

This 18<sup>th</sup> International congress of Parkinson's disease & movement disorders was organized in Stockholm, Sweden by International Parkinson's disease and movement disorder society in which there were more than 3000 participants from more than 70 countries. The conference was of 5 days duration during which there were plenary sessions in the morning followed by poster presentations, ticketed-parallel sessions, skills workshops and video challenges till evening. More than 1500 abstracts were presented by participants from different countries.

### Academic Highlights

For me the academic highlights of the conference was talks on newer treatment modalities like gene therapy for management of Parkinson's disease and the sessions on paediatric movement disorders. The video sessions and the skills workshop to apply various scales in movement disorders will be very prolific for my future training. Attending the presentation of some renowned scientists has given me a great exposure to the ideas related to some of the cutting-edge research going on in the field of movement disorders.

### Abstract presentation and publication

I had the privilege of presenting a poster of my abstract on essential tremor during which I was asked very interesting questions and was given suggestions for future research by the visitors. Discussions spanned across basic disease pathology to advanced managements. The abstract is already published online in the journal of movement disorders and I am currently writing the manuscript for future publication as on original research article. Details are as follows:-

A profile of 191 patients with essential tremor: Comparison of those with and without head tremor; A. Lenka, K.S. Bhalsing, K.R. Jhunjhunwala, V. Chandran, P.K. Pal: *Movement Disorders Vol. 29, Suppl 1, 2014, pp. S1-S571*

As a first year student of a PhD program in clinical neurosciences, the 18<sup>th</sup> International congress of Parkinson's disease and movement disorders was important for me because for the next four years I'll be doing all my research and clinical studies in the field of movement disorders. Since it was my first international conference, I had the opportunity to listen to some of the very renowned movement disorder neurologists talking about their research outcomes. Some of the plenary sessions focused on basic pathologies associated with few of the movement disorders which was extremely beneficial. The video sessions in the evening will be of immense help in future as phenotypes of different movement disorders were clearly shown by the help of those nice collection of videos from different countries. Finally, presenting the abstract in front of a global audience will be a confidence booster for my future presentations in similar events. I was asked a lot of insightful questions and was given good suggestion regarding the research work which will definitely help in future. Overall it was a very memorable and academically beneficially conference.