

REPORT

1. Name and designation of ICMR-IF: Dr. S. ANURADHA
Professor of Medicine
Maulana Azad Medical College
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India

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2. Frontline Area of Research in which training / research was carried out:

Hepatitis C coinfection in people living with HIV (PLHIV) and application of newer models of health care delivery (Like ECHO telehealth clinics) to increase access to treatment in HIV/ HCV co-infected patients in India

3. Name and Address of Professor and Host Institute:

Dr. Sanjeev Arora
MD, FACP, FACG
Director, Project ECHO®
Distinguished Professor of Medicine
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4. Duration of Fellowship: 13 days

5. Highlights of work conducted:

a. Technique / expertise acquired

- I. Diagnosis of HCV in HIV infected subjects
- II. Management of HCV in people living with HIV
- III. Drug management – including emphasis on new oral HCV treatment use of DAAs. Understanding the treatment algorithms in different sub populations of co infected patients: treatment naïve, treatment failures, compensated versus decompensated liver disease in different HCV genotypes.
- IV. How to initiate treatment: Basic work up including clinical, laboratory and psychological assessment of patients.
- V. Monitoring response to treatment
- VI. Management of HIV in co-infected patients
- VII. Management of treatment experienced patients
- VIII. Multidisciplinary approach and concept of clinical care team

I. Role of Project ECHO in increasing access to care of co-infected patients- specific focus on how ECHO model can be used to address the problems of access to specialized care teams among physicians in rural / underserved areas. Gained an understanding on how to set up a n ECHO clinic and the process and systems involved.

b. Research results, including any papers prepared / submitted for publication: None

c. Proposed utilization of the experience in India: I plan to establish an HCV ECHO clinic in MAMC, Delhi with all the experience gained and with continuing mentoring of Project ECHO.

Signature of ICMR- IF

ICMR Sanction No. INDO/FRC/452/S-06/2015-16- IHD dated 14 December 2015