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भारतीय आयुर्विज्ञान अनुसंधान परिषद
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य एवं परिवार
कल्याण मंत्रालय, भारत सरकार

Indian Council of Medical Research
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

No. 16/40/2022-Admin II

Dated: - 17/06/2025

OFFICE MEMORANDUM

Subject: - 11th International Day of Yoga- 2025 -regarding.

The International Day of Yoga will be observed on 20/06/2025 in the ICMR Hqrs with the following events:-

1. Yoga & Pranayam Practice on 20.06.225 from 6.30 am onwards in the front lawn at ICMR Hqrs(Refreshment will be provided).
2. A Scientific Session of "Research in Yoga & Health- Status, Methods and Way Forward" will be held at ICMR Hqrs from 10.00 AM onward on 20.06.2025 in the Conference hall.

Link of the session:-

Topic: Scientific Session on 'Research in Yoga & Health- Status

Join Zoom from PC, Mac, iOS or Android:

<https://echo.zoom.us/j/85754590222>

Meeting ID: 857 5459 0222

Digitally signed by
JAGDISH RAJESH
Date: 18-06-2025
11:40:33

Jagdish Rajesh
Assistant Director General (Admin.)

All officials (Permanent/Contractual/Project) of the ICMR Hqrs./DHR

Copy to :-

1. PS to DG/Addl. DG/Sr. DDG(A)/Sr. FA.
2. All Divisional Heads
3. DDG(A)/ADGs
4. AO, Store Section: - For arrangement of items as required by the organizing committee.
5. P & C Division :- For deputing photographer
6. Engg Section :- for arrangement of Mike/standing fan, audio visual systems
7. Dr. Manjeet Singh Chalgia, Sci-D – with request to upload the same on ICMR website.

11th International Yoga Day Celebrations**Indian Council for Medical Research, New Delhi****Date – 20-06-2025****Venue: Conference hall, Room no 301, ICMR- HQ****Tentative Agenda**

Time	Activity	Resource Person
10.00-10.05	Welcome	Dr Roopa Shivashankar
10.05- 10.15	Address by DG ICMR	Dr Rajiv Bahl
10.15 – 11.20	Seminar on “Research in Yoga and Health - Status, Methods, and Way Forward”	<ul style="list-style-type: none"> • Prof. D Prabhakaran, Executive Director, Centre for Chronic Disease Control, New Delhi • Prof. Ambuj Roy, Prof of Cardiology, All India Institute of Medical Research, New Delhi • Dr. Raghavendra Rao, Director, Central Council for Research in Yoga & Naturopathy, New Delhi • Dr. A M Chandrasekaran, Head, Centre for Yoga in Public Health Research, CCDC, New Delhi
11.20- 11.30	Vote of Thanks	Dr. Nisha Thakur
11.30 – 12.30	Chair Yoga Centre for Yoga in Public Health Research, CCDC, New Delhi Group Yoga activity Yoga Quiz, krida yoga	CCDC team
12:30 PM- 01:00 PM	Prize distribution	