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भारतीय आयुर्विज्ञान अनुसंधान परिषद
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य एवं परिवार
कल्याण मंत्रालय, भारत सरकार

Indian Council of Medical Research
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

संख्या. 16/59/2024-Admn./E.211776

दिनांक 08.06.2026

सेवा में,

निदेशक/प्रभारी निदेशक

परिषद के सभी संस्थान/केन्द्र

विषय: अंतर्राष्ट्रीय योग दिवस (IDY)-2026 के अंतर्गत गिनीज वर्ल्ड रिकॉर्ड प्रयास में सहभागिता के संबंध में।

महोदय/महोदया,

आयुष मंत्रालय, भारत सरकार के डी.ओ. पत्र संख्या M-16011/47/2026-YN दिनांक 01.06.2026 के संदर्भ में अवगत कराना है कि अंतर्राष्ट्रीय योग दिवस (IDY)-2026 के अवसर पर आयुष मंत्रालय द्वारा Habuild Healthtech Pvt. Ltd. के सहयोग से 14 जून 2026 को प्रातः 6:15 बजे से 7:35 बजे तक एक ऑनलाइन योग सत्र आयोजित किया जा रहा है। उक्त कार्यक्रम के माध्यम से एक साथ सर्वाधिक लोगों की सहभागिता सुनिश्चित कर गिनीज वर्ल्ड रिकॉर्ड स्थापित करने का प्रयास किया जाएगा।

सभी अधिकारियों/कर्मचारियों से अनुरोध है कि उक्त कार्यक्रम में अधिकाधिक संख्या में सहभागिता सुनिश्चित करें। पंजीकरण हेतु 1800-315-7008 पर मिस्ड कॉल देकर सत्र लिंक प्राप्त किया जा सकता है।

अतः सभी अनुभागाध्यक्षों/प्रभागाध्यक्षों से अनुरोध है कि इस कार्यक्रम का व्यापक प्रचार-प्रसार करते हुए अपने अधीनस्थ अधिकारियों एवं कर्मचारियों को उक्त कार्यक्रम में भाग लेने हेतु प्रोत्साहित करें।

भवदीय,

Digitally signed by
Jaibir Singh

Date: 09-06-2026

(जयबीर सिंह)
13:48:57

सहायक महानिदेशक (प्रशासन)

अनुलग्नक:यथोक्त

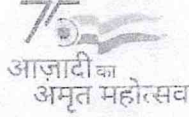
प्रतिलिपि:

1. महानिदेशक/अपर महानिदेशक/वरि.उपमहानिदेशक (प्रशा.)/वरि.वित्त सलाहकार के निजी सचिव
2. परिषद के सभी प्रभाग प्रमुख
3. उपमहानिदेशक (प्रशा.)/सहा. महानिदेशक (प्रशा.)/सहायक महानिदेशक (वित्त)
4. डॉ. मनजीत सिंह चालगा, आई.सी.एम.आर. की वेबसाइट पर अपलोड करने के अनुरोध के साथ।

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

D.O.No.M-16011/47/2026-YN

01st June, 2026

Dear Colleague,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. In continuation of this collective endeavour, Ministry of Ayush is organising several nationwide activities as part of IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the Guinness World Record attempt being organised by the Ministry of Ayush in association with Habuild Healthtech Pvt Ltd. on **14th June 2026 from 6.15 AM to 7.35AM**. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organisations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilisation, and enthusiastic participation in the Guinness World Record attempt as part of IDY 2026 celebrations.

With regards,

Yours sincerely,

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/Departments, Government of India

[Secy-goi] DO Letter from Secretary, Ministry of Ayush.

secy-dg < secy-dg@icmr.gov.in >

DG, ICMR OFFICE

Diary No.

1296902
12/5/2026

Rajesh Kotecha < secy-ayush@nic.in >

Fri, 08 May 2026 5:24:50 PM +0530

IS(RW) | Sr. Mngt (A)

To "secy-goi" < secy-goi@ismgr.nic.in >

RB.

Kind attention office of Secretary:

Madam/ Sir,

I am directed to forward a DO Letter from Secretary, Ministry of Ayush.
PFA.

With regards.

O/o Secretary
Ministry of Ayush,
Ayush Bhawan, Block 'B',
GPO Complex, INA,
New Delhi.
Ph. 011-24651950, 24651951(F)

Urgent
Pl. Circulate it
widely
Sh. U. Hansol
46
DDG(A)

Secy-goi mailing list -- secy-goi@ismgr.nic.in

To unsubscribe send an email to secy-goi-leave@ismgr.nic.in

2 Attachment(s)

DO to all Secretaries for Yog M...
395.3 KB

Encl to DO.pdf
404.3 KB

J.

S.No. 20453
04/06/2026

वैद्य राजेश कोटेचा
सांचिव
Vaidya Rajesh Kotecha
Secretary



75
आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए, नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

Dear Colleague,

D.O.No.M-16011/25/2026-YN
08th May, 2026

In the run-up to the 12th International Day of Yoga (IDY) 2026, the Ministry of Ayush is undertaking several initiatives to promote mass participation and awareness of Yoga across the country.

Kindly refer to the Ministry's earlier D.O. letter No: M-16011/8/2026-YN dated 12th March, 2026 regarding promotion of registrations for the "100 Days Free Live Yoga Sessions" being conducted in collaboration with Habuild Health Tech Private Limited under the "Yoga 365" initiative (copy enclosed).

In order to further encourage active participation across Ministries/Departments, it has been proposed to institute a Ministry-level recognition mechanism to acknowledge contributions towards mobilizing registrations for the World Record event.

Accordingly, the following categories of recognition are proposed for the top three Ministries/Departments based on verified participation metrics:

- योग प्रसारक प्रथम (1st Position)
- योग प्रसारक द्वितीय (2nd Position)
- योग प्रसारक तृतीय (3rd Position)

The above recognition will be conferred by Ministry of Ayush in the form of a digital badge. This initiative is expected to foster healthy competition, enhance outreach, and strengthen collective efforts towards making Yoga a mass movement.

I would, therefore, request you to kindly encourage officers and staff of your Ministry/Department, including attached and subordinate offices, to actively participate in the ongoing Yoga sessions and the forthcoming World Record event by registering through the toll-free number **1800-315-7008**. Participants will receive free "Yoga Mitra" a Yoga volunteer certificate issued by the Yoga Certification Board, Ministry of Ayush, upon successful registration and completion of course.

Your support in this regard will greatly contribute to the success of this nationwide initiative and the celebrations of IDY 2026.

With regards,

Yours sincerely,

(Rajesh Kotecha)

Encl: As above

To,

All Secretaries of all Ministries/Departments, Government of India

वैद्य राजेश कोटेचा
सचिव
Vaidya Rajesh Kotecha
Secretary



7/1
आज़ादी का
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

D.O.No.M-16011/8/2026-YN
12th March, 2026

Dear Colleague,

As you are aware, International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, well-being, and preventive healthcare. In the run-up to the 12th International Day of Yoga (IDY) 2026, Ministry of Ayush is undertaking several initiatives to promote mass participation and awareness of Yoga across the country.

In this regard, Morarji Desai National Institute of Yoga (MDNIY), an autonomous organization under Ministry of Ayush, is entering into a Memorandum of Understanding (MoU) with Habuild Health Tech Private Limited to conduct "100 Days Free Live Yoga Sessions" for the public. This initiative is a part of the Ministry's *Yoga 365 campaign*, to promote Yoga as a national movement and integrate it into the daily lives of individuals, 365 days a year.

As part of this initiative, participants will be able to enroll in 14-day structured Yoga practice challenges, conducted through live sessions led by experts from MDNIY and Habuild Health Tech Private Limited. Multiple such 14-day slots will be organized during the 100-day period to facilitate participation of a large number of individuals. The sessions will be broadcast through the official YouTube platform of Ministry of Ayush to enable wide outreach and accessibility.

The initiative will culminate in a large-scale online Yoga event aimed at attempting a World Record, tentatively proposed to be held on 27th May 2026, in the run-up to the International Day of Yoga (IDY) 2026.

In view of the above, I would request you to encourage officers and staff members of your Ministry/Department and its attached and subordinate offices to actively participate in the live Yoga sessions under this initiative by registering at the link specifically created for each Ministry, as per enclosed excel sheet or by calling at dedicated Toll Free number: 18003157008. Their participation will not only contribute to their own health and well-being but also strengthen the nationwide celebration of International Day of Yoga, 2026.

Your support in disseminating information about this initiative widely within your Ministry/Department would be highly appreciated.

With regards, Yours sincerely,

Encl: As above

(Rajesh Kotecha)

To,

All Secretaries of all Ministries/ Departments, Government of India

[Secy-go] DO Letter from Secretary, Ministry of Ayush.

secy-dg < secy-dg@icmr.gov.in >

Rajesh Kotecha < secy-ayush@nic.in >

Mon, 01 Jun 2026 1:33:07 PM +0530

To "secy-go"<secy-go@ismgr.nic.in>

JS(RW) | Sr. DDY (A)
RB

Kind attention office of Secretary:

Madam/ Sir,

I am directed to forward a DO Letter from Secretary, Ministry of Ayush.
PFA.

DG. ICMR OFFICE

Diary No. 1311395

Date: 2/6/26

With regards.

O/o Secretary
Ministry of Ayush,
Ayush Bhawan, Block 'B',
GPO Complex, INA,
New Delhi.
Ph. 011-24651950, 24651951(F)

Pl. disapp
w/o actn plan
AO - Admn. 131

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1 Attachment(s)

DO All Secretaries for 14th Jun...

357.8 KB

Si Vilcar
S. Satarde
8/6/26