



# WORLD OBESITY DAY 2026

THEME : 8 BILLION REASONS TO ACT ON OBESITY

## PANEL DISCUSSION

## ORGANIZED BY DESCRIPTIVE RESEARCH DIVISION



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By understanding obesity rather than stigmatising it, prioritising prevention from the earliest years, centring lived experience and ensuring equitable access to care, we can change the trajectory.

**24 MARCH  
2026**

12:00 pm to 01:30 pm

A.S. PAINTAL BOARD ROOM  
ICMR Headquarters, New Delhi.

PLEASE JOIN: [HTTPS://ECHO.ZOOM.US/  
J/86871612470](https://echo.zoom.us/j/86871612470)