

Appeal to the General Public

Not to consume and spit Smokeless Tobacco in Public

Chewing Smokeless Tobacco products (*Gutkha, Paan masala* with tobacco, *Paan* and other chewing tobacco products) and areca nut (*supari*) increases the production of saliva followed by a very strong urge to spit. Spitting in public places could enhance the spread of the COVID-19 virus. In view of the increasing danger of COVID-19 pandemic, it is an appeal to the general public to refrain from consuming the smokeless tobacco products and spitting in public places during the COVID epidemic.